THE EVANGEL Gloria de Cristo Lutheran Church 11273 E. 40th Street Yuma,

August 2023 Volume 31, Issue 8



MISSION STATEMENT

Walking with Jesus to bring new life and hope to every person

TO ALL, CALLED BY GOD TO FOLLOW JESUS AS LORD!

UPDATES

AUDIO VISUAL SYSTEM UPGRADE

Our contractor is scheduling the installation of the system for the later part of September. A few of the items needed for everything to work together, first time/every time are in back-order. We want the right parts, so we will wait.

The importance of this upgrade becomes more apparent as lay sacramentarians take communion to shut-ins and they say that they really want to hear all of the beautiful music in worship.

As I visit people who visit in person and on-line, the same concern is lifted up. People know that we have great music and they want to hear it. People know that we have Bible text-based teachings and they want to hear them.

Current gifts total: \$83,789 Total needed: \$136,500

Thank you for your continued generosity!

NEW MEMBER CLASS IN SEPTEMBER

Our next new member class will meet on Sundays September 10^{th} , 17^{th} , and 24^{th} after the 9:30 am worship in the Fellowship Hall Classroom.

Please stop by the office for materials if you are interested in becoming a member or associate member.

New members will be received on Sunday, October 1st during the 9:30 am worship.

STEPHEN MINISTRY CLASS BEGINS IN NOVEMBER

In the last few months, I have assigned 6 Stephen Ministers. We need to have more people trained and I am asking you to pray about being part of the next class!

See you in worship!

Pastor Bill Timm

From the desk of Dr. Shirley....

"Search me, O God, and know my heart!

Try me and know my thoughts!

And see if there be any wicked way in me,

And lead me in the way everlasting!" Psalm 139:23-24 RSV

Good morning, brothers and sisters! "This is the day which the Lord hath made. We will rejoice and be glad in it" (Psalm 118:24, KJV). Even under a "heat watch," it is a beautiful day.

I have been reading *Folk Psalms of Faith* by Ray C. Stedman (1973). The prayer in Psalm 139:23-24 spoke to me once again. In the words of Mr. Stedman, "What a wonderful prayer! How often we should pray like this!" In other words, Lord I don't understand what is going on around me, and my solutions may be quite inferior, may even be wrong. But Lord, I trust you to lead me and reveal the wickedness that may lie undetected in my own heart. Guide me in the way that leads to fulness of life.

Father, we thank you for this revelation of the humanity of men of old, and how it fits our situation today. How desperately we need to be led through the complexities of our age. Help us not to settle for simple yet wrong solutions but to be willing to let you work out your own purposes, knowing that you have taken all the factors into consideration because you know us so intimately. We thank you in Jesus' name. Amen.

From the Call Committee

Call Committee Update

We are still in a holding pattern and continue to pray for positive results. In the meantime, here's what we will be using as guidelines for initial interviews.

In forming any questions to candidates, a couple of key issues are:

- 1. What answer are we looking for?
- 2. How will we know when it's answered well?

Each question was evaluated in three ways:

- 1. What does it have to do with the position?
- 2. What do we need to know?
- 3. Would we be willing to answer the same questions about ourselves?

In each interview, we will first ask the candidate to briefly tell us about themselves. What brought the candidate to our congregation at this point in time?

Then, each candidate will be asked the following questions in the same order:

- 1. What excites you about our congregation?
- 2. Why are you an ELCA pastor?
- 3. What outside-of-work opportunities do you enjoy?
- 4. Tell us a little bit about your leadership style.

After these questions are answered, we will invite the candidate to ask their questions. See next month's article for a sample of some of the questions we may get from the candidates.

Once we have completed the initial interview, there will be a discussion about whether there will be a follow-up second interview. We have more detailed questions to ask at that time, that really get into the deeper topics that we want to ask the candidates. We will also be reviewing the online teachings of candidates prior to asking for a second interview, since most pastors have these available, and they give a picture of the style and message used for each candidate.

As a reminder, we are still in the early stages of getting interviewees. We have heard from some congregants that they are concerned about how long this is taking. We're only 2 months into the process and are very confident that the Lord will provide us with the best solution for our pastoral transition.

Please keep our Call Committee and Church Council members in your prayers as we continue this journey of faith.

FROM THE PRESIDENT'S DESK



If your neighbor asked you why you choose to attend Gloria de Cristo what would you say? Maybe something like I have been a Lutheran all my life, the parking lot is large and clean, the pews are padded, the music is good, fellowship coffee and cookies are great. Pastor Timm's teaching is Bible based, not a political forum. The sanctuary represents Christian and Lutheran theology through both symbols and window art. It is a calm and peaceful place to meditate and worship.

Now it is our turn to invite our neighbors to come to church with us. We know we have much to share, now comes the question. Are we ready? Do we just give lip service to being followers of Christ? While it stresses my memory of junior/high school in "Luther League" we always invited our friends, everything was better when we invited our new or best friend.

Every Sunday we pray our mission statement: WALKING WITH JESUS TO BRING NEW LIFE AND HOPE TO EVERY PERSON. Another thing I learned in "Luther League" was that prayer was not just closing your eyes and folding your hands, prayer is an ACTION word. After you buzz through all the reasons you don't invite someone to church, take a moment and think about three people you know that do not have a church family. Then pick one and make the call.

See you in church.

Sharon Merz

YOUTH AND EDUCATION



Greetings from The Dalles, Oregon. The temperatures hover between 90 and 100, but I know that's nothing to those in Yuma! However, the wildfire season is in full swing, and we've had several wildfires in our vicinity. For the Pacific Northwest, it's always something that looms over our heads. Please pray for those of us who summer here as we pray for our Gloria de Cristo family in Yuma.

Very soon it will be fall and the Youth and Education Committee will be ramping up for another season of events. Please consider serving on this committee or any other committee that can use your God given time and talents.

Diane Lee, Chairperson

PERSONAL VISITATION BY PASTOR ..

To support people at the time of illness or injury, Pastor and Stephen Ministers do make personal visits in the hospital, homes, and Care Centers. Hospitals and Care Centers do not notify us that you are there. Please call if you want us to know. Do not hesitate to call the church office at 342-6002, if you have not seen Pastor and would like a visit. After hours, please leave a message on the church answering machine. We ask your permission before we include your name on our printed prayer list.

(Fellow members are also encouraged to let the church office know if someone is in the hospital!)

Refreshments

FELLOWSHIP

Wow, we have sure been having our share of hot weather. With this in mind, I have asked Char if she could open the Fellowship Hall in the mornings for members to come and walk in the coolness of the hall. The hall would be available in the morning from 9 to noon on Tuesday through Friday. We tried this a couple of years ago, and several people availed themselves of this offer. It is not only a chance to get our exercise, but it might be a good place to meet for fellowship with other members. We might even share a cup of coffee.

The fellowship gathering after church on Sunday has been smaller, but those coming still are enjoying time spent together. I really appreciate the offers of help with set up and clean up. There is always a chance to offer your services to assist. The sign up sheet is posted on the wall just outside the kitchen.

We still have a small supply of goodies, but we will be needing some cookies, probably in August and September. So, if you plan to do some baking (even with the hot weather) please consider helping out.

A small group of our ladies have been meeting on Thursday mornings (2nd and 4th Thursday) to work on projects for our Bazaar in December. If you have any ideas for craft items, we would love to have you join us and show us how to make them.

I hope all of you who are spending your summer in cooler climates are enjoying your time away from Yuma. We definitely look forward to your return in the fall.

Yours in fellowship, Cheryl Preul



GLORIOUS QUILTERS

Here it is August already! Holy Cats this year seems to be flying by, hope it continues to do so then we can get out of this heat! None the less our devoted ladies continue to arrive every Monday morning to sew and enjoy each other's company. We've already started with a few Christmas and Veteran's quilts not to mention the ones made for outreach. We will be quilting all summer long so if you get lonesome for some fellowship come join us Monday 9-12 in the fellowship hall. We stop for coffee and treats at 10 am.

Least I forget we've had some ladies knit caps for us to give out to the Rock Church for many truck drivers; so if you knit or crochet feel free to contact me as we can use YOUR help this as well.

Any questions send me a text:

Carol Schock 503-338-9358



Mens' Breakfast will meet on the first Saturday of the month at 8am at Daybreakers. Please join us for a time of food and fellowship!!

This month—August 5

MENTAL HEALTH MINISTRY

Coping Strategies for Living with a Chronic Condition (Part Three)

Mentally adjusting to being in a long-term chronic condition and how that can change your life can feel overwhelming. In an earlier article, we listed strategies to help cope with a chronic illness such as Dementia, Parkinson's Disease, Arthritis pain, Terminal Cancer, etc. In the June *Evangel* we focused on: *Acceptance, Being Kind to Yourself, Talking About What You are Going Through, and Practicing Self Care.* In July we focused on *Replacing Negative Thoughts with Positive Ones, Finding Joy,* and *Practicing Gratitude.* This month concludes with *Practicing Mindfulness, Creative Expression, Humor, and Thinking of yourself as a Warrior.*

<u>Practicing Mindfulness</u> Mindfulness is about letting worries go and focusing on being present in the moment. It can involve reading bible passages, meditation, mindful movement, breathing and visualization exercises. Our team has a class that will resume this fall on the first Tuesday of the month in the Fellowship Hall classroom. Mindfulness can reduce stress and increase your general sense of well-being and relaxation. It has also been proven to increase gray matter within your brain, which enables you to better control your emotions, to solve problems and to cope better mentally with issues in your life.

<u>Creative expression</u> Whether it's through art or music therapy, or done at home on your own, finding a way to creatively express yourself can be great for your mental health. Not only is being creative fun, it also allows you to get your emotions out in a different way than talking about them. It can be a great distraction tool and provide a sense of purpose. Creative expression can also be very relaxing, helping to reduce stress and promote a stable mood. There are also so many options, from dancing, painting, pottery and more; there really is something for everyone!

<u>Humor</u> Finding humor in hard times is most helpful in coping mentally with a chronic illness or having pain. This can be giggling at silly things you've forgotten due to the cognitive issues that often come with a chronic condition. You can even be making jokes about physical aspects of chronic illness! Everyone's sense of humor is different, and this might not work for everyone. If it doesn't feel appropriate for you then that's completely valid too. Remember the expression, "Laughter is the best medicine!" Health experts agree that laughing elevates and relaxes the body and mind.

Thinking of Yourself as a Warrior Think of yourself as a warrior and your chronic pain is your foe. Thinking about yourself as a warrior helps you to feel strong and empowered. Like going into battle, you're going to use all the tools in your arsenal to fight your chronic pain, and you are not going to let it defeat you! This state of mind helps to enhance your determination. And most importantly seek treatment if you need help whether it is mental or physical. Knowing that you are actively doing all you can to manage your chronic condition is empowering and can build your confidence. Engaging in treatment which reduces your symptoms and increases your functioning ultimately increases your quality of life, which contributes to a more positive mood.

Resource: https://www.pathways.health

SOCIAL CONCERNS

Promote understanding of the human needs and social problems within our congregation, the community, and beyond

The summer heat has not deterred the Social Concerns Committee. On August 6 we plan to help celebrate the birthday of a resident at Rose Garden assisted living by bringing balloons and a quilt.

A box has been added in the collection center in the fellowship hall to collect unused birthday, anniversary and sympathy cards. If you get freebies form charitable organizations, as I do, you may have quite a collection. We can put them to good use.

We collected 83 lbs. of food for the food bank in July. Thanks for your continued support.

God's Work Our Hands Sunday is September 10, 2003. This marks the 10th anniversary for this special day. God's work Our Hands is an annual day of service celebrated by the ELCA as one church, freed in Christ to serve and love our neighbor. In the past we delivered doughnuts and coffee to the firefighters and pizza to the hospital ER staff. The committee is seeking new ideas. If you have any suggestions write them on the green attendance slip in your pew or email me at etrone1@msn.com.

The Glorious Quilters in partnership with S.C. made 48 "Little Dresses for Africa". Hope you were able to see their lovely display before they were shipped.

Blessings,

Evelyn Trone 928-210-8015 etrone1@msn.com

1 Peter 4:10 (ESV)

As each received a gift, use it to serve one another, as stewards of God's varied gifts.



PROPERTY



If anyone has had a reason to contact the church office, you may have noticed we have a new person answering the phone these days. I would like to welcome Char Schomisch back to her old position here at GDC. As the property chair I have to work closely with the office administration. I look forward to working together.

It is so very hot here that it is difficult to work outside unless it is early in the day. Most of the outdoor work has been done and just maintenance work is going on. I want to thank Eric Werner for helping me repair a couple of the pews in the sanctuary. They were pulling out of the studs in the floor. Just try to pick up one of those pews up by yourself. They are heavy. Thanks Eric.

I would like to report the silt fence we installed across the back of the property is working. I have not shoveled any sand praise God!!!!!

It sure is quiet around here with everyone gone. Hope you are all having a safe summer come back to us safely.

God Bless,

David Donaldson, Property

STEWARDSHIP



Though "stewardship" and "discipleship" are normally not considered everyday words outside of the walls of our church, they are very important when defining our role as Christians. We are God's stewards of our wealth, our time, our possessions, our talents and our bodies. That certainly attaches significant responsibility to the role of God's steward. ELCA defines discipleship as "one who engages in learning through instruction from another, a "pupil". As Christians, the term "disciple" refers to following Jesus and becoming like Jesus in every way. At Gloria de Cristo we are not "just" being asked to follow and become like Jesus, we are tasked to walk with Jesus while we bring new life and hope to every person.

ELCA also defines stewardship quite simply as generosity. Having carefully listened to the vast majority of Pastor Timm's teachings for nearly 20 years, a couple come to mind with the word generosity. The widow in the temple who gave her only two coins and the other being about a lady who made bread for a traveler with her remaining meager amount of flour and oil. I don't remember the biblical reference. A much closer reference to generosity is your response to assist with payment for the new sound system. Absolutely incredible. Thank you.

While doing a little research for this article, I came across a term that I don't remember hearing before. It is Joyful Generosity,,, simply defined as: how we welcome others into our lives, how we serve their needs, how we give gifts to show we care and the emotional and relational support we provide to others. I believe a similar topic was just included in Pastor's most recent teaching.

Remember, generosity is much more than what is in your wallet. Generosity is about putting our whole lives in service to God -- time, talents, relationships, service and treasure.

God Bless You

Gary Raasch

WORSHIP

FAREWELL TO A FINE YOUNG FAMILY:





It has been a real pleasure working with Kate in the office, on the vision team and just church programs in general. I am sad to see them leave but know that their upcoming adventure will bring them where they want to be — Doug in his newly acquired position with Walmart, Kate in her new business of esthetician, Brennen going into Chef's school and Aiden in the U.S. Army. Above are a couple of shots of the day we celebrated in fellowship with them.

Be on the watch for the new schedule of Worship Assistants. If the dates don't work with your schedule please give ME a call. (414-520-1857) or church office...DO NOT change with someone on your own or we end up with 2 people scheduled for the same task. Thank You!

Char Schomisch, Chair

ALTAR FLOWERS FOR AUGUST

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Dyanne Radke in memory of husband Tom & what would have been his 95th birthday.

20

27 Paul & Shirley Ehler in celebration of their 61st wedding anniversary 3



AUGUST BIRTHDAYS

5	Dave Donaldson	12 Jerry Taylor	18	Mary Becker
5	Ted Duffy	13 Betty House	18	Oakley Johnson
7	Dave Hofslien	13 Charlie Rothi	20	Brian Neigum
7	Robin Marlatt	14 Becky Werner	25	Kathy Hoffman
8	Jewel McNamee	15 Aiden Harwood	29	Louise MacPherson
11	Jennifer Akridge	15 Linda Kasin	29	Amber Pacewic
11	Diane Lee	16 Janis Suess	31	Linda Anderson

AUGUST ANNIVERSARIES



5	Carl & Joey Christensen	27	Paul & Shirley Ehler
14	Charlie & Bonnie Rothi	31	Dave & Carolyn Lester
16	Dale & Johanna Leflar	31	Roger & Jackie Tracey
17	Richard & Tammy Martin		

			AUGUST 2023			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	က	4	5 8:00 am- Men's Breakfast at Daybreakers ers 9AM- 1PM DAYS FOR
6 Worship 9:30 POTLUCK & FOOD COL- LECTION 1:00 pm Foothills Social	7 9:00 am Glorious Quilters 1 pm Social Concerns	8 7:00am-9:00am TOPS 1:00 pm Foothills Social 4:00 pm Mental Health Ministry	9 8:00 am Staff Meeting 2:30 pm Chair balancing & Stretching 4:45 pm Bells of Glory 6:00 pm Choir	10 7:00am-9:00am TOPS 9-1 Bazaar Workshop	11 8:00am TOPS 10:30 am Spanish/ English Conversation 1:00 pm Foothills Social 6:00 pm Women's AA	12
13 Worship 9:30 1:00 pm Foothills Social	14 9:00 am Glorious Quilters 1:30 pm Fellowship Meeting	15 7:00am-9:00am TOPS 1:00 pm Foothills Social	16 8:00 am Staff Meeting 2:30 pm Chair balancing & Stretching 4:45 pm Bells of Glory 6:00 pm Choir	17 7:00am-9:00am TOPS	18 8:00am TOPS 10:30 am Spanish/ English Conversation 1:00 pm Foothills Social 6:00 pm Women's AA	19 9AM- 1PM DAYS FOR GIRLS
20 Worship 9:30 1:00 pm Foothills Social	21 9:00 am Glorious Quilters	22 7:00am-9:00am TOPS 1:00 pm Foothills Social 4:00 pm Executive Council 4:30 pm Council Meeting	23 8:00 am Staff Meeting 2:30 pm Chair balancing 8 Stretching 4:45 pm Bells of Glory 6:00 pm Choir	24 7:00am-9:00am TOPS 9-1 Bazaar Workshop	25 8:00am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	26
<i>Worship 9:30</i> 1:00 pm Foothills Social	28 9:00 am Glorious Quilters	29 7:00am-9:00am TOPS 1:00 pm Foothills Social	30 8:00 am Staff Meeting 2:30 pm Chair balancing & Stretching 4:45 pm Bells of Glory 6:00 pm Choir	31 7:00am-9:00am TOPS	1 Sept. 8:00am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	2 9am- 1PM Days For GIRLS

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AUGUST 2023

PASTOR: Bill Timm CHURCH COUNCIL MEMBERS

ORGANIST: Dr. Shirley Ehler

PIANISTS: Marie Ritten, Lorie Rapp PRESIDENT: Sharon Merz
BELLS OF GLORY: Kay Lee Grunst VICE PRESIDENT: John Arnold

SECRETARY: Jackie Tracey
TREASURER: Terre Munk

Stephen Ministry Leaders:: Michelle Cegon, Pastor Timm, MINISTRY TEAM LEADERS:

Jim & Sherrie Wehrer

Church Secretary: Char Schomisch FELLOWSHIP: Cheryl Preul
A/V Technician: Michelle Cegon/Char OUTREACH: Joe Johnson
PROPERTY: Dave Donaldson

SOCIAL CONCERNS: Evelyn Trone
STEWARDSHIP: Gary Raasch
WORSHIP & MUSIC Char Schomisch

Diane Lee

EDUCATION: