



MISSION STATEMENT

Walking with Jesus to bring new life and hope to every person

TO ALL GOD'S CHILDREN CALLED TO BE FOLLOWERS OF JESUS:

Reflections on the "end-of-life" journey

There have been many times over 41 years of ordained ministry that I walked with people who have been on their "end-of-life journey", but this year I have asked the permission of one such family to share their experience for the betterment of our ministry to one another as followers of Jesus.

Not long after returning to Denver this Spring, Gary & Lanna Gosage found out that Gary has stage 4 cancer in the liver. Their doctor's were very straight-forward in explaining their options and the physical side-effects of the treatment options. None would bring a cure, and all had side-effects.

When I found out, I called and learned that Gary had a choice to make between treatment or no treatment, considering the fact that nothing was going to stop the cancer. After a lot of thought and prayer, Gary decided to have no treatment/no side effects and simply be on comfort measure care.

Gary & Lanna chose quality of life over quantity of life, and the pain is being well managed, so there is an abundance of time for family and making new memories. Gary had mentioned that he had always wondered what his God-given purpose was in this life. Knowing that may change over time, I said that at the present time, it might be to share his faith with family and friends and invite them along on the journey of finishing well in faith.

Of course, the news of Gary's diagnosis spread far and wide. Pretty soon, many people they had known over the years, some of whom had worked for Gary in the Denver police department, began calling and stopping by for visits.

It was wonderful that people would re-connect during this time...and yet, it was different, in that people could stop by for a long visit and never once talk about the 'elephant in the room'...the cancer...and the journey that Gary and Lanna were on together.

So, I encourage you to talk about the elephant in the room...talk about the journey...for the sake of your friends...and for your sake.

Our Christian faith has much to say throughout life...and especially during the end-of-life journey to the next life!

Pastor Bill Timm

FROM THE VICE- PRESIDENT'S DESK



Summer is in full swing in Yuma with the warm temperatures and blue skies. The weather and seasons change but God's love for us is one constant we can always depend on no matter what the situation.

Whenever the world and personal problems start to put you on edge, stop and ask the Lord for direction and strength to go forward. You can also join one of the ministries at Gloria de Cristo for support from your fellow members of the church. Remember, just as you would seek help and guidance from your family you can also get help and guidance from your church family.

-John Arnold

From Dr. Shirley....

Does Worship Matter?

What is worship? According to *Merriam-Webster Dictionary*, it is both a verb and a noun. As a transitive verb, worship is 1) to honor or show reverence for a divine being or supernatural power, or 2) to regard with great or extravagant respect, honor, or devotion. As an intransitive verb, it is to perform or take part in worship or an act of worship.

As a noun, worship is reverence offered a divine being or supernatural power, *also*: an act of expressing such reverence. Worship as a noun is also a form of religious practice with its creed and ritual, and worship can also be extravagant respect or admiration for or devotion to an object of esteem.

So, even though coming to church or watching church either livestream or on YouTube is important, worship is more than that. Worship is our daily practice of honor and devotion to the living God. Our mission statement says, “walking with Jesus.” When we come together to worship, that is sometimes called corporate worship, and it is a time to encourage, fellowship, and strengthen each other in our faith while we brighten our hope.

Theology (the study of God) truly does lead to Doxology (praise to God). I agree with Jen McGee when she said, “You just can’t help but praise your Savior when you realize the debt He paid on your behalf.” The psalmist said it well: “I will extol the LORD at all times; his praise will always be on my lips. . . . Glorify the LORD with me; let us exalt his name together” (Ps. 34:1, 3, NIV). What a wonderful statement of worship!

How about joining me for a 5-week exploration of “Worship Matters?” Beginning Thursday, July 21, at 1:00 in the sanctuary, we will end on August 18. Topics include: “Why do we worship? Encountering God in Word. Encountering God in the Sacraments. Responding to God in Prayer and Praise. Worship and the World.” Text booklets can be purchased from the office or at the class for \$10. I am excited to see you and discuss these topics with you!

--Dr. Shirley Ehler



FELLOWSHIP



Here's hoping all of you are enjoying your summer. I am in Ridgecrest, California visiting with my son and his family and old friends. It has been a good time so far, even though it also gets pretty hot here, almost as warm as Yuma.

I have been watching the live stream each week I have been gone, and it almost feels like I have been there with you. But I do miss the fellowship of sitting and talking to you in person. I do hope all of you that are in Yuma are enjoying fellowship under the leadership of my friend and helper, Merrilee and Sandra. I feel so comfortable with her in charge. Thank you Merrilee and Sandra for all your work.

We are looking for someone who would be willing to cover Fellowship during the month of August, as Merrilee will be leaving Yuma for vacation. If you are available, please contact the church office, or talk to Merrilee during Fellowship Hour.

I do miss being there to participate in the quilting and the sewing project for Days for Girls. I guess the ladies are still holding their work days.

I understand that there IS going to be a potluck on the first Sunday of July. I hope you all have a great time and I will miss being there.

Till we see each other in person, may the Lord be with you all.

In Fellowship
Cheryl Preul





FINANCIAL INFORMATION

MAY

Statement of Income & Expenses for Gloria de Cristo Lutheran

	YEAR TO DATE		BUDGET
	2021	2022	2022
REVENUE	\$143,633	\$155,730	\$145,733
EXPENSE	126,370	137,552	133,862
NET INCREASE	\$17,263	\$18,178	\$11,871
IN PERSON ATTENDANCE	3858	5018	
ON-LINE CONNECTIONS		2920	
ADDITIONAL PERSONS		584	
TOTAL		8522	



GriefShare will have a new session starting on Monday July 11th-

New time is 2:30-4:30 pm

They meet in the Fellowship Hall Classroom

If you know someone who would benefit from joining this group,
please let them know about it.

It is a great group for those who are grieving.



Mens' Breakfast meets on the first Saturday of the month at 8am at Daybreakers. Please join us for a time of food and fellowship!!

This month- July 2nd

Learn to look for joy everywhere you go. When your many troubles are giving you a giant headache remember that the iron crown of suffering precedes the golden crown of glory — that's what we'll wear on that glorious day when we'll be in heaven jumping for joy with our heavenly Father!

Barbara Johnson

Come on a Journey Inward...

Do you ever feel nervous, worried, sad, burnt-out? Do you need to take a "**mental vacation**"? Join us on a journey of **relaxation, mindfulness, meditation** and **prayerful scripture reading**.

Since this is a new group your ideas are welcome as we go on this journey together. **Join us Tuesday, September 6, 2022 at 10:00 AM** in the Fellowship Hall classroom for our first group and the first Tuesday of each month thereafter.

11 Tips to cope with anxiety about getting "back to normal"

Easing of restrictions has allowed us to get back to the people and things we love, but it's OK if adjusting has brought challenges too. You might be worried about the pace of the changes or what the future may bring. It's important to be patient with yourself and with your feelings. The Coronavirus (COVID-19) outbreak has been hard for us all, and we have all experienced the effects differently, including those of us who have been shielding. Even positive change can lead to anxiety, and it can take time to readjust to things we have not done for a while.

Feelings of anxiety are likely to pass with time as we get used to the "new normal" but it's important to do what we can to take care of our mental health.

There are lots of things that can help you to manage these feelings and make it easier to adjust. Here are our top tips for taking care of your mental health now that things have changed.

- **1. Go at your own pace** (Ease back into socializing.)
- **2. Do not avoid things entirely** (Start with activities, including church, that are important and achievable.)
- **3. Get your information from the right sources** (Don't overload your mind with negativity.)
- **4. Discuss any changes with others** (Talking with trusted friends and sharing feelings is helpful.)
- **5. Make time to relax** (Spending time in nature lifts your mood and relieves stress.)
- **6. Challenge unhelpful thoughts** (Try to separate negative thoughts from helpful ones.)
- **7. Tell someone how you feel** (You are not alone if you choose to reach out to someone who will listen.)
- **8. Plan social occasions** (Make a plan to attend a social event when you feel comfortable and confident.)
- **9. Find routine where you can** (Sticking to a routine keeps you organized and less stressed.)
- **10. Write down your thoughts** (Explore your feelings in a journal or diary.)
- **11. Focus on the present** (Don't worry about the past or future. Don't dwell on the "what ifs")

Resources:

Better Health/Every Mind Matters NHS <https://www.nhs.uk/>

Mental Health America <https://mhanational.org/coping-fear-exposure-covid-19>



PROPERTY



I can't believe how quiet it is around the church with everyone away for the summer. There are still a few old diehards left, however. Not much for me to report on as it has been too warm to do much around the property. I have mostly looked after the irrigation system and minor repairs. I went through all the pews and tightened them to the floor in the sanctuary. The camera system has been a welcome addition to our security. Our ability to observe the comings and goings is greatly improved. I will be having the old shabby bales on the east side of the Sanctuary and Fellowship Hall removed by the time you all return. You won't recognize the church when they are gone. Just look for the welcome banners and you won't drive by the church; you will be happy to know that the 40th street construction is almost done. They will be adding gravel to our east drive and a nice gentle slope to the street right-turners who wish to use it as an exit may do so. Hope everyone is safe and healthy over the summer. Looking forward to seeing ya'll back here this fall.

God Bless,
David Donaldson

SOCIAL CONCERNS

Promote understanding of the human needs and social problems within our congregation, the community, and beyond

June was a bountiful month for food contributions. Thanks to all who continue to give generously. The food bank is in need of baby formula and diapers. Please consider these items. Another way to assist is by using Amazon or an online site to have items delivered directly to the food bank. I have done this in addition to our monthly collection, and this and works well.

This month Barb Blank, Laura Southwick and I journeyed to the food bank to deliver the food. They found it an easy process and will be occasionally relieving Kaylee. We could use a few more volunteers so we can share the load.

Doreen Caldwell has helped with facilitating our pill bottle donation to the mission.

We are looking for ideas for September's "Gods Work Our Hands" . This year it will be September 11th, In past years we have given donuts and coffee to first responders and pizza to YRMC ER staff. Other ideas would be welcome.

Blessings,

Evely Trone, Chairperson

1 Peter 4:10 (ESV)

As each has received a gift, use it to serve one another, as good stewards of God's varied grace.



SUMMER MONDAY SEWING GROUP

It's hard to believe another month has gone by! Summer is here!! We've said to many, "see you in the fall," when really we want our family to stay'.

"Glorious Quilter's" have been busy laying out the tops, sewing them together and tying them with joyful hearts. There are many times we are down to 10 or less ladies. Then BAM you look at the stack of finished quilts, and I am amazed!!! I'm SO PROUD of all these ladies. Am I proud to call them my friends, hopefully? You bet I am! I feel very blessed.

Besides quilts we have other projects that we work at. Feel free to join in if you knit or crochet. We make caps for the truck drivers and any homeless with needs during the winter. I have both knit and crochet directions if you're interested. Stop by on Monday between 9 and noon. We'd be very happy for the added help. We've given out approximately 40 plus quilts. There is always a need. It seems so strange to be working on "warm" items, but think about it, we will be READY.

I do have a Want/Wish list. If anyone of you has solid flannel, like jammie weight, they can donate the quilting ladies would love to get it. Larger pieces are needed in colors especially like Christmas red, holly green, burgundy, forest green. I Thank You in advance for that.

Feel free to give me a text,

Carol Schock 503-338-9358 Better yet come join us and have some fun on a Monday

**THE FUNCTION OF BIBLICAL FAITH IS TO TRUST
GOD IN HIS LOVE TO TAKE THE INITIATIVE TO GIVE
US WHAT IS GOOD FOR US.**

THIS IS GRACE IN ACTION!

Thank you's

We received thank you's from the Yuma Community Food bank for our monthly donations, from our mission congregations for our support, and from Shepherd's Canyon for our continued support for their ministry. All of these would not be possible without your generous donations to each of these wonderful ministries every month. So Thank you to the members, and friends of Gloria de Cristo for your continued support for not only our ministries here, but those in our community and around the state.

WORSHIP & MUSIC



I am privileged to be a part of the 'vision team' for Gloria de Cristo and one of the values of our church is worship. Our services are always scripture based with theologically sound music and we offer every person who believes Jesus died for our sins the privilege of Holy Communion. Our doors are open and welcoming to anyone who wishes to come.

We are already in the month of July and will soon see our church family come together in worship. If you would like to be a part of our usher, greeter, reader group please let me know.

Hope each of you are enjoying your summer activities.

Worship Chair, Char Schomisch



WELCA AT GLORIA DE CRISTO LUTHERAN CHURCH

Summertime in Arizona seems to reflect extreme weather and a reduced population since our winter visitors have gone north. WELCA activities at Gloria De Cristo have reduced accordingly with one exception – that of work parties focused on Days For Girls kits. The Work Parties' goal has been to meet every other Saturday morning from 9-1 in the Fellowship Hall. A myriad of talent makes up these meetings, such as sewers, sergers, ironers, pinners, markers, folders and counters. A brown-bag lunch is encouraged with coffee and water provided. Lord of Life Lutheran church in Sun City West, continues to serve as our mentor, teacher and cheerleader.

Since July 2nd, which would normally be a scheduled work party day, is part of the holiday weekend, we will most likely meet again on July 9th. Watch for the date in the weekly church bulletin calendar and please consider attending.

Yours in Christ,

Donna Brown

PERSONAL VISITATION BY PASTOR ..

To support people at the time of illness or injury, Pastor and other members do make personal visits in the hospital, homes, and Care Centers. Hospitals and Care Centers do not notify us that you are there. Please call if you want us to know. Do not hesitate to call the church office at 342-6002, if you have not seen Pastor and would like a visit. After hours, please leave a message on the church answering machine. We ask your permission before we include your name on our printed prayer list.

(Fellow members are also encouraged to let the church office know if someone is in the hospital!)

JULY BIRTHDAYS



1	Brenda Taylor	14	Elaine Brandt	22	Becky Scheller
3	Dave Jarmer	14	Claudia Knight	28	Pat Nelson
7	Gwen Hubenthal	15	John Mackey	30	Jeanette Karvoski
7	Alan Werner	17	Duane Reinhardt	31	Lou Strahm
10	Shar Stapleton	18	Betty Cilk		
11	Palmer Hundhoft	22	Bill Haney		

JULY ANNIVERSARIES



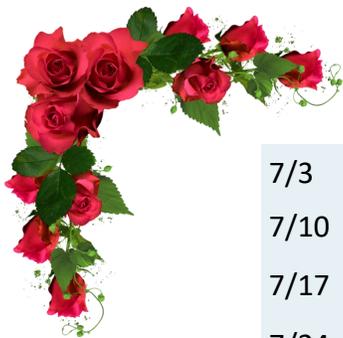
7/1	Ted & Niki Duffy	7/10	Dave & Elaine Hofslie
7/4	Jeff & Amber Pacewic	7/22	Don & Pat Bunker
7/5	Jerry & Shar Stapleton	7/30	Dennis & Bonnie Munson
7/7	Paul & Rosella Lesher	7/31	Tom & Dyanne Radke

JULY BAPTISM ANNIVERSARIES

7/6	Nancy Richter	7/9	Penny Scheflo
7/8	Kathy Edwards		



ALTAR FLOWERS FOR JULY



7/3	Carol Schock in memory of Son Donald
7/10	Jerry & Shar Stapleton in honor of their Wedding anniversary
7/17	
7/24	
7/31	



WORSHIP ASSISTANTS FOR JUNE

Date	Time	Ushers	Greeters/ Communion Assistants	Reader	Altar
7/3	9:30 am	John/Sharon Merz	Audrey Mangel/ Joyce Hoeft	KayLee Grunst	Niki Duffy
7/10	9:30 am	D. Caldwell/ KayLee Grunst	Ted/Niki Duffy	Donna Brown	Doreen
7/17	9:30 am	Larry Unger/ Brenda Taylor	D. Caldwell/ Paul Ehler	Joyce Hoeft	Doreen
7/24	9:30 am	Donna Brown/ Doug Harwood	Ted/Niki Duffy	S. Weidling	Joanne
7/31	9:30 am	KayLee Grunst/ Michelle Cegon	Donna Brown/ Joyce Hoeft	Michelle Cegon	Michelle

JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1					1 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	2 8:00 am- Men's Breakfast at Daybreakers 9am-1pm Days for Girls workday
3	4 9:00 am Summer Sewing Group 10:00 am GriefShare 1:00 pm Social Concerns Meeting	5 7:00 am TOPS 1:00 pm Foothills Social 4:00 pm Mental Health Ministry	6	7 8:00 am Staff Meeting 4:30 pm TOPS	8 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	9
10	11 9:00 am Summer Sewing Group 2:30 pm GriefShare	12 7:00 am TOPS 1:00 pm Foothills Social	13	14 8:00 am Staff Meeting 4:30 pm TOPS	15	16
17	18 9:00 am Summer Sewing Group 2:30 pm GriefShare	19 7:00 am TOPS 1:00 pm Foothills Social	20 5:00 pm Bells of Glory 6:00 pm Choir	21 8:00 am Staff Meeting 4:30 pm TOPS	22 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	23
24	25 9:00 am Summer Sewing Group 2:30 pm GriefShare	26 7:00 am TOPS 1:00 pm Foothills Social	27 5:00 pm Bells of Glory 6:00 pm Choir	28 8:00 am Staff Meeting 4:30 pm TOPS	29	30
31						

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JULY 2022

PASTOR: Bill Timm
ORGANIST: Dr. Shirley Ehler
PIANISTS: Marie Ritten & Jean Abel
BELLS OF GLORY: Kay Lee Grunst

ChristCare Equippers: Pastor Timm
ChristCare Group Leaders: Doreen Caldwell, Cheryl Preul

Stephen Ministry Leaders:: Michelle Cegon, Pastor Timm,
Jim & Sherrie Wehrer

Church Secretary: Kate Harwood
A/V Technician: Brennen Harwood

CHURCH COUNCIL MEMBERS

PRESIDENT: Sharon Merz
VICE PRESIDENT: John Arnold
SECRETARY: Kathy Edwards
TREASURER: Terre Munk

MINISTRY TEAM LEADERS:

EDUCATION: Diane Lee
FELLOWSHIP: Cheryl Preul
OUTREACH: Joe Johnson
PROPERTY: Dave Donaldson
SOCIAL CONCERNS: Evelyn Trone
STEWARDSHIP: Gary Raasch
WORSHIP & MUSIC: Char Schomisch