



## MISSION STATEMENT

**Walking with Jesus to bring new life and hope to every person**

## **TO ALL, CALLED BY GOD TO SHARE THE GOOD NEWS OF JESUS!**

### **CHANGE THROUGH THE YEARS**

As I promised in a recent teaching, I will use some newsletter articles to reflect on the changes at Gloria de Cristo over the last 20 years. Change at GdC has never been done simply for the sake of change. Change has always been in response to a request, a need, or an opportunity for ministry.

### **AN EARLIER WORSHIP TIME**

In the late summer of 2003, a concern was raised at the church council meeting about problems in the parking lot between the 8 am worship and the 9:30 worship. In the past, due to a long-winded interim pastor, the early worship ran over by 10+ minutes, and people were losing their religion coming and going from the parking lot. I suggested changing the time of the worship to 7:45 am, which was done, and it worked! It was the first change! (As a side benefit, members got to the restaurants before the LCMS or Catholic folks!)

### **FELLOWSHIP HALL USAGE**

In the late summer of 2003, the Foothills Social Club was looking for a place to play cards on Tuesday afternoons. They would meet at noon for a potluck and then play cards and dominos from 1-4 pm. Because it opened the church at times that our congregation did not have programs, (GdC programs always take priority) the church council approved the usage and participants threw in \$1/person to help cover utilities. After 20 years, that increased to \$2/person. (Bonus: Senior citizens are kept entertained and off the streets for a little while! This has worked so well; we have added other times!)

Gloria de Cristo's facility is committed to serving the community.

Our God is a God who makes all things new and uses them for his purposes and has done that at Gloria de Cristo for many years!

See you in worship!

Pastor Bill Timm

## **FROM THE VICE-PRESIDENT'S DESK**



As we say goodbye until this coming fall to our winter visitors we are now preparing for a time of change at Gloria de Cristo. Just as the seasons change so sometimes change comes to congregations. How we embrace these changes will be of utmost importance. We will have to be open to these changes and still keep our Mission statement in mind at all times. "Walking with Jesus to bring new life and hope to every person" is how we must proceed in the upcoming months to keep our eye on the goals of furthering Gloria de Cristo's role in the community and our church family. Please take part in the change process and embrace serving the Lord in whatever way your talents lead you in the future.

-John Arnold

**THE FUNCTION OF BIBLICAL FAITH IS TO TRUST  
GOD IN HIS LOVE TO TAKE THE INITIATIVE TO GIVE  
US WHAT IS GOOD FOR US.**

**THIS IS GRACE IN ACTION!**

## *From Dr. Shirley....*

This month, some thoughts from our new Bible study, *Placed for a Purpose: A simple and Sustainable Vision for Loving Your Next-Door Neighbors.*

Many of us feel nervous about the mere thought of asking our neighbor's names, let alone sharing our faith with them. The gospel has not changed, but our conversations about the gospel have. Here is something that might encourage you. Eighty-two percent of non-religious people said they would be willing to have a conversation with a Christian about their faith if the Christian could do these five things (*though they didn't believe Christians could*):

1. Be Present and listen
2. Walk in their shoes
3. Find common ground
4. Talk like a real person
5. Create a better story

Rosaria Butterfield says, "God didn't make a mistake with your address. He knows what yours is as well as that of your neighbor." Lessons engage us beyond mere information toward new attitudes and actions. How can we deepen our connection to the people and place where we live? What does it take to find common values on which to build bridges of trust? Small acts can create a healthy community and a culture of neighborliness. In other words, "Bloom where you are planted, and let God reap the harvest!"

Tom Goodwin, Cru City Research Project, 217.

## From the Call Committee

With the news that Pastor Timm would like to retire in the Fall, a Call Committee was appointed by the council. The members of this committee are Michelle Cegon, Kay Lee Grunst, Char Schomisch, Ted Duffy, Earl Marlatt, Sharon Merz, Gary Raasch and John Gerfen.

What does a Call Committee do? From our GdC Constitution and ByLaws – this committee will:

- a. seek the advice and help of the Bishop of the synod;
- b. consider the ministry and needs of this congregation;
- c. receive written suggestions, review, research, and interview applicable qualified candidates from the roster of Ministers of Word and Sacrament of the ELCA; and,
- d. present their recommendation to this congregation for acceptance and issuance of Letter of Call.

The Committee is in contact with the Synod liaison and is completing the Ministry Site Profile required by the Synod. As we move through this process, we will attempt to keep you informed via an article like this in the Evangel. The prayers of the congregation are requested for the guidance of the Holy Spirit as we consider all the options.

## FELLOWSHIP



It is so good to be back at church and participating in all the activities again. It was a very lonesome time while I had the shingles in my left eye. I do want to thank everyone who helped during the past few months by taking on the responsibilities at the church, bringing me meals, sending cards and messages, and best of all, for all your prayers.

The April potluck was well attended and we had lots of good food to share. We will continue the potlucks throughout the summer for those who spend summer in Yuma. It is a good time to get together and visit in the cool fellowship hall.

We do have an abundance of cookies in the freezer right now, so I am not asking for further donations right now. We need to use the ones that are there.

We do need more participation in the Fellowship Committee planning meetings. They are held the second Monday of each month at 1:30 PM. We have so many activities that require people to man them. I will say that we had super good participation for all the funerals we had in the past few months. Thank you to all who baked, came and worked and also stayed to clean up afterwards. It seems that all who have been asked have helped in many ways.

We have the Christmas Bazaar scheduled for December 2, which will include the bake sale. In addition to the cookies and bars, we are asking if you would be willing to make breads and rolls, cakes and pies, and for those who make jams, jellies and pickles, that would be a wonderful addition to our offerings for sale.

At our Committee meeting, it was discussed about what to offer at our bazaar, so we are having work parties the second and fourth Thursday mornings from 9-12 to plan, make and prepare for the bazaar. This will start in May and continue through the summer for those who stay. If you are making items at home to donate, we would like to know what you will be offering.

Have a safe and blessed summer, whether you have returned to your summer home or are staying in Yuma for the summer.

Cheryl Preul, Fellowship Chairman



## GLORIOUS QUILTERS

As they say, April showers brings May flowers! Let's hope so anyway.

May is upon us and we've decided to switch it up a bit with yet another project. For the entire month of May we are going to make "Pillow Case" dresses to be sent off to little girls in Africa. Our Ladies have brought in pillow cases, lace, ribbon actually any kind of fun thing we can put on these dresses. I'll keep you posted as to how many dresses we are able to finish in the month of May. Our fabric cutters will still be busy cutting 8" squares and the ladies will still be putting the quilt designs together.

We will be quilting all summer long so if you get bored come join us some Monday 9am– 12pm in the fellowship room. We stop for coffee and treats at 10am

Any questions give me a text:

Carol Schock 503-338-9358



Mens' Breakfast will meet on the first Saturday of the month at 8am at Daybreakers. Please join us for a time of food and fellowship!!

**This month– May 6th**

## MENTAL HEALTH MINISTRY

# Mental/Physical Benefits of YOGA

The scientific research into Yoga's benefits is still somewhat preliminary, but much of the evidence so far supports what practitioners seem to have known for millennia: **Yoga is incredibly beneficial to our overall well-being.**

### Benefits of Yoga That Are Supported by Science from healthline.com:

- 1. Yoga improves flexibility.** Yoga seems to be especially helpful for improving flexibility in adults ages 65 and older. Reduced flexibility is a natural part of aging, and a 2019 study found that yoga both slowed down loss and improved flexibility in older adults.
- 2. Yoga helps with stress relief.** Science supports that Yoga is excellent at reducing stress by learning breath work and relaxation movements.
- 3. Yoga improves mental health.** Both movement-based yoga therapies and breathing-based practices have been shown to significantly improve depressive symptoms.
- 4. Yoga will likely increase your strength.** Yoga's effectiveness at building strength has been studied in several specific contexts — for instance, as it pertains to people with breast cancer, older adults, and children.
- 5. Yoga can reduce anxiety.** Some studies have shown that the guided breathing and meditation techniques of practicing Yoga reduce stress and anxiety.
- 6. Yoga can improve balance.** Balance is essential for simple everyday movements such as picking something up off the floor, reaching up to a shelf, and descending stairs. Newer research suggests Yoga can improve balance in older populations.

**Yoga has shown to improve quality of life, self-esteem, sleep, the immune system, bone health, better posture, and may reduce inflammation.**

**Gloria de Cristo is offering:**

**-Chair Yoga (1:00pm to 2:00pm or 2:30pm to 3:30pm) on Wednesdays.**

**-Mat Yoga is on Thursdays from 1:00pm to 2:00pm.**

**Free will donation of \$2.00 is recommended.**

**There will be a Presentation on Dementia and Nutrition with Dr. Ricky Ochoa on May 20 at 1:00pm in the Fellowship Hall. More info will be provided in church bulletins.**

## OUTREACH

### RUTH

*14 And they lifted up their voice, and wept again: and Orpah kissed her mother in law; but Ruth clave unto her. 15 And she said, Behold, thy sister in law is gone back unto her people, and unto her gods: return thou after thy sister in law. 16 And Ruth said, Intreat me not to leave thee, or to return from following after thee: for whither thou goest, I will go; and where thou lodgest, I will lodge: thy people shall be my people, and thy God my God: {Intreat....: or, Be not against me} 17 Where thou diest, will I die, and there will I be buried: the LORD do so to me, and more also, if ought but death part thee and me. 18 When she saw that she was stedfastly minded to go with her, then she left speaking unto her. {was....: Heb. strengthened herself}*

This is one of the best love stories ever written and it is about expressing unconditional love. We have seen this adopted saying in many marriage vows performed today. My take from this is that we need a lot more unconditional love in the world today. There is a lot of hate that is being spread and the best way to combat hate is through love. Not a whole lot going on but a note of encouragement, think positive. As you may have discovered I love to read the bible. There are many ways you can approach the scriptures, but my way is to find good stories and build from there. Lots of people just start from the beginning and read from start to finish. Just get out the good book and read.

Thanks!

Joe Johnson

### PERSONAL VISITATION BY PASTOR ..

To support people at the time of illness or injury, Pastor and Stephen Ministers do make personal visits in the hospital, homes, and Care Centers. Hospitals and Care Centers do not notify us that you are there. Please call if you want us to know. Do not hesitate to call the church office at 342-6002, if you have not seen Pastor and would like a visit. After hours, please leave a message on the church answering machine. We ask your permission before we include your name on our printed prayer list.

***(Fellow members are also encouraged to let the church office know if someone is in the hospital!)***



## PROPERTY REPORT



Just want to let everyone know that the Yard sale folks donated \$600 to be used for property needs. I would like you all to know that I bought us a new 60-volt cordless Sand blower. Dave Lester will appreciate this as he knows what a struggle it was with the old 20-volt version. Thanks to the Yard sale proceeds for this donation.

Most of the plants around the property are now getting water and looking much healthier. The irrigation system needs constant vigilance. If you see a plant that is in distress let me know and I will check it out. I would like to express my appreciation to all the volunteers who helped me take care of the property needs this season. Those of you who are leaving for the summer please be safe and return to us next fall. I'll need help.

God bless and safe travels.

Dave Donaldson

## SOCIAL CONCERNS

*Promote understanding of the human needs and social problems within our congregation, the community, and beyond*

The Social Concerns committee wants to thank you for a successful UNDIE Sunday. We filled four 33-gallon bags with underwear for Crossroads Mission.

Barb and Carol along with Pastor Bill and Sandy attended the Convoy of Hope planning meeting. More to follow on this event.

This month we delivered 132 lbs. of food to the food bank. It is as important as ever to continue your support for this great organization.

The committee is exploring needs of local care homes. This is in the planning stages so more to follow.

Thanks, Lynette for continuing the card project!

Blessings

Evelyn Trone, Chairperson  
928-210-8015

1 Peter 4:10 (ESV)

As each received a gift, use it to serve one another, as stewards of God's varied gifts.



## WELCA AT GLORIA DE CRISTO LUTHERAN CHURCH

Easter Breakfast at Gloria de Cristo, hosted by Fellowship and WELCA, garnered over one-hundred guests who enjoyed fruit, juice, pancakes and ham. Thanks to many volunteers, the set-up and clean-up was accomplished with minimum time and maximum effort. A big, appreciative thank you to all.

Days For Girls will continue sewing, cutting, marking and ironing all the contents to the 53 bags already provided to our sponsor church, Lord of Life Lutheran in Sun City West. Typically, we get together every other Saturday from 9-1 in the Fellowship Hall and anyone is invited to help. We hope to continue this schedule throughout the summer months (especially since it is air-conditioned).

The next WELCA event is the Triennial held in Phoenix this September. Those planning to attend should register on-line as soon as possible. Just so everyone knows, WELCA stands for Women of the Evangelical Lutheran Church of America. The Planning Committee for WELCA at Gloria de Cristo usually meets once a month throughout the fall-winter season.

For those traveling North to summer homes, our prayer is for a safe journey home and also, a safe (and soon) return trip. Even though email, social media and our on-line worship helps keep us together, it is not the same as having everyone here at Gloria de Cristo.

Wishing you all a healthy, fun, eventful summer season,

Donna Brown  
WELCA Convener



## WORSHIP & MUSIC

It's hard to believe that we are already moving into the month of May, the busiest months of the church year behind us and a time of sadness as many of our church family head out of Yuma for other parts of the country. We pray for safe travel for all of them and look forward to their return in the fall.

For those of us that remain here, we will busy ourselves with planning of new and exciting activities, bible studies, choir and bell numbers...and the lists goes on and on. We are now down to one service each Sunday morning with livestream for those who can't be with us in person. This is also a time when my committee depends on a few to assist with making our worship service a fulfilling experience for our members and visitors. Thank you to all those that are willing to help during the summer and for those that were most helpful during the rest of the year know that you are greatly appreciated as well.

Enjoy your summer and God Bless each and every one of you.

The Worship Committee

Joanne Ausing, Co-leader; Jan Klipfel; Nancy Griffiths; Niki & Ted Duffy; Michelle Cegon; Kris Brown; Doreen Caldwell; Cheryl Preul; and Char Schomisch, Co-Chair

## Sound System Update

The consultants from CCI Solutions were at the church on Wednesday April 19th to see what could be done to update our system. Some members of the council and the sound system committee was present for the meeting.

They took many photos, measured the sanctuary, looked at the original blueprints, as well as answered many questions we had.

Their plan is to upload all the information into their program and build us a new system. They will give us a few different options, however the total cost is unknown at this time. They are hoping to have a quote for us soon!

We have a fund set up to accept donations for the sound system update, all you need to do if you'd like to donate is note it either on your check, or the envelope.

Thank you all for your continued support! We are excited to see what they present to us!

-Kate Harwood  
Sound system committee chair

## ALTAR FLOWERS FOR MAY



- 5/7      Dave Donaldson in memory of daughter Amy  
5/14     Jeanette Miller in memory of her and Gene's mothers  
5/21     Doreen Caldwell in honor of her 85th birthday  
5/28     Tom & KayLee Grunst in memory of daughter Tara Lynn Edwards



## MAY BIRTHDAYS

- |    |                   |    |                 |    |                |
|----|-------------------|----|-----------------|----|----------------|
| 1  | Tom Grunst        | 12 | Shirley Conser  | 22 | Jolene Spaude  |
| 2  | Chris Randby      | 12 | Bernie House    | 22 | Fay Weeks      |
| 5  | Curtis Roark      | 14 | Wanda Wirths    | 24 | Marlene Miller |
| 6  | Kate Harwood      | 15 | Eileen Brekke   | 24 | Teresa Perez   |
| 6  | Bill Kowalski     | 15 | Dave Griffiths  | 26 | Keith Whitmore |
| 7  | Duane Weeks       | 15 | Jeannie Volpe   | 27 | Luke Johnson   |
| 8  | Darlene Neigum    | 16 | Maynard Teppo   | 27 | Dyanne Radke   |
| 9  | Phyllis Nickelson | 17 | Ron Davis       | 29 | Richard Weber  |
| 10 | Mary Marsh        | 21 | Doreen Caldwell | 31 | Alma White     |
| 11 | Vonnie Wurtele    | 21 | Jan Dotson      |    |                |
| 12 | Elton Brekke      | 21 | James Warren    |    |                |



## MAY ANNIVERSARIES

- |      |                           |      |                      |
|------|---------------------------|------|----------------------|
| 5/1  | Glenn & Ginger Van Winkle | 5/16 | John & Sharon Merz   |
| 5/7  | Mike & Sandy Corless      | 5/16 | Dave & Tina Jarmer   |
| 5/7  | Marijan & Judy Petrovic   | 5/20 | Jerry & Chris Randby |
| 5/10 | George & Ann Alcaraz      |      |                      |

May 2023					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 am Glorious Quilters 12:30 pm Bible Study 1:00pm Social Con- cerns Meeting	2 7:00am-9:00am TOPS 1:00 pm Foothills Social 4:00 pm Mental Health Ministry	3 8:00 am Staff Meeting 1:00 pm Chair Yoga 2:30 pm Chair Yoga 4:45 pm Bells of Glory 6:00 pm Choir	4 7:00am-9:00am TOPS 1:00 pm Yoga 5:00pm-7:00 pm TOPS	5 8:00am TOPS 10:30 am Spanish/ English Conversation/ 1:00 pm Foothills Social 6:00 pm Women's AA
7	<b>Worship 9:30 POTLUCK &amp; FOOD COL- LECTION</b> 12:00 am GriefShare 1:00 pm Foothills Social	8 9:00 am Glorious Quilters 12:30 pm Bible Study 1:30 pm Fellowship Meeting	9 7:00am-9:00am TOPS 10:00 am Zoom Bible Study 1:00 pm Foothills Social	10 8:00 am Staff Meeting 1:00 pm Chair Yoga 2:30 pm Chair Yoga 4:45 pm Bells of Glory 6:00 pm Choir	11 7:00am-9:00am TOPS 1:00 pm Yoga 5:00pm-7:00 pm TOPS
14	<b>Worship 9:30 New Members Re- ceived</b> 12:00 am GriefShare 1:00 pm Foothills Social	15 9:00 am Glorious Quilters 12:30 pm Bible Study	16 7:00am-9:00am TOPS 10:00 am Zoom Bible Study 1:00 pm Foothills Social 4:00 pm Executive Council 4:30 pm Council Meeting	17 8:00 am Staff Meeting 1:00 pm Chair Yoga 2:30 pm Chair Yoga 4:45 pm Bells of Glory 6:00 pm Choir	18 7:00am-9:00am TOPS 1:00 pm Yoga 5:00pm-7:00 pm TOPS
21	<b>Worship 9:30</b> 12:00 am GriefShare 1:00 pm Foothills Social	22 9:00 am Glorious Quilters 12:30 pm Bible Study	23 7:00am-9:00am TOPS 10:00 am Zoom Bible Study 1:00 pm Foothills Social	24 8:00 am Staff Meeting 1:00 pm Chair Yoga 2:30 pm Chair Yoga 4:45 pm Bells of Glory 6:00 pm Choir	25 7:00am-9:00am TOPS 1:00 pm Yoga 5:00pm-7:00 pm TOPS
28	<b>Worship 9:30</b> 12:00 am GriefShare 1:00 pm Foothills Social	29 9:00 am Glorious Quilters 12:30 pm Bible Study	30 7:00am-9:00am TOPS 10:00 am Zoom Bible Study 1:00 pm Foothills Social	31 8:00 am Staff Meeting 1:00 pm Chair Yoga 2:30 pm Chair Yoga 4:45 pm Bells of Glory 6:00 pm Choir	
					6 <b>8:00 am- Men's Break- fast at Daybreak- ers</b>
					13 <b>9AM- 1PM DAYS FOR GIRLS</b>
					20 1:00 pm Presentation on Dementia and Nutri- Ochoa
					27 26 8:00am TOPS 10:30 am Spanish/ English Conversation/ 1:00 pm Foothills Social 6:00 pm Women's AA
					27 <b>9AM- 1PM DAYS FOR GIRLS</b>

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MAY 2023

PASTOR: Bill Timm  
ORGANIST: Dr. Shirley Ehler  
PIANISTS: Marie Ritten  
BELLS OF GLORY: Kay Lee Grunst

Stephen Ministry Leaders:: Michelle Cegon, Pastor Timm,  
Jim & Sherrie Wehrer

Church Secretary: Kate Harwood  
A/V Technician: Brennen Harwood

CHURCH COUNCIL MEMBERS

PRESIDENT: Sharon Merz  
VICE PRESIDENT: John Arnold  
SECRETARY: Jackie Tracey  
TREASURER: Terre Munk

MINISTRY TEAM LEADERS:

EDUCATION: Diane Lee  
FELLOWSHIP: Cheryl Preul  
OUTREACH: Joe Johnson  
PROPERTY: Dave Donaldson  
SOCIAL CONCERN: Evelyn Trone  
STEWARDSHIP: Gary Raasch  
WORSHIP & MUSIC: Char Schomisch