



## MISSION STATEMENT

† **The Mission of Gloria de Cristo Lutheran Church is to proclaim and reflect God's love as revealed through Jesus Christ.**

† **As a community of the concerned, guided by the Holy Spirit, we will strengthen one another through Word and Sacrament, witness, learning and service.**

† **We will share our gifts and talents to reach out and provide hope to all people.**

### **TO ALL WHO ARE CALLED BY ALMIGHTY GOD TO BRING THE GOOD NEWS OF THE RISEN JESUS TO ALL PEOPLE!**

On the front page of each one of our newsletters is a 3 sentence MISSION STATEMENT. Please look above and you will see the mission statement of Gloria de Cristo Lutheran Church.

It was there when I came to the church in 2003. It has not changed. How many of you have it memorized? I don't. It is beautiful, but not memorable.

As you may know, in February 2022, we formed a Vision Team that has been meeting with our guide from Auxano to lead us through the process. Twelve people, representative of the congregation: Michelle Cegon, Shirley Ehler, KayLee Grunst, Kate Harwood, Sharon Merz, Char Schomisch, along with Ted Duffy, Earl Marlatt, Gary Raasch, Roger Tracey, Randy Zieman, and myself.

On Saturday, April 23rd, we shared what we have come up with in a meeting of almost 40 folks of Gloria de Cristo. One of the things that we shared was a new mission statement.

### **WALKING WITH JESUS TO BRING NEW LIFE AND HOPE TO EVERY PERSON!**

I believe that it states precisely what our mission is about. I bet you can memorize it easily and be able to share it if anyone asks what your church is all about.



We also identified 5 Key Values of Gloria de Cristo and these were also shared on Saturday. These are things that we see as key to the make-up and future of Gloria de Cristo. They are:

**GENUINE WELCOME**

**AUTHENTIC COMMUNITY**

**ENGAGING WORSHIP**

**INSPIRED TEACHING**

**COMPASSIONATE GENEROSITY**

Mission raises the question of “what are we doing?” Values raises the question of “why are we doing it?”

In the coming months, we will be looking at the question of “how are we going to carry out our mission?”

Please keep the whole process in your prayers. Keep the copy of the “vision prayer” from worship on your table and make it part of your daily prayer.

See you in worship!

Pastor Bill Timm



## ***Vision prayer for Gloria de Cristo***

**We pray for the congregation’s vision process; For God to work so clearly in the process that only God could get the credit; For members to be both dependent on God and confident in God; For members to have increased sensitivity to discern the leading of the Holy Spirit; For God to enlarge our hearts, as church members, toward people far from God; For a fresh conviction to “speak the truth in love” and embrace transparency; For God’s wisdom to permeate the process; For an increased passion for the beauty and potential of Gloria de Cristo.**

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## FROM THE VICE-PRESIDENT'S DESK



As Gloria de Cristo moves forward in the congregation's vision process we should all remember that we can achieve success with help from God. As we say our prayers of intercession during our worship services we say a prayer for our mission congregations, our care ministries, and for the vision process. This prayer is an excellent reminder of all we can accomplish with the help of God. The prayer asks that we have a fresh conviction to speak the truth and embrace transparency in the vision process each and every day. We have decided in our home to use this prayer in our daily devotions to remind us of our goals for our life and for our congregation. Maybe this would help all of us to keep focused on the end results both for our lives and the congregation.

-John Arnold

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**THE FUNCTION OF BIBLICAL FAITH IS TO TRUST  
GOD IN HIS LOVE TO TAKE THE INITIATIVE TO GIVE  
US WHAT IS GOOD FOR US.**

**THIS IS GRACE IN ACTION!**



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## BIBLE STUDY OPTIONS

**Pastor's Bible Study-Gospel of John:**

**Monday's at 12:30 pm & 2:30pm**

**in the Fellowship Hall Classroom.**

**Thursday's Zoom Bible at 10 am**

**Come to any session!!!**

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### **PERSONAL VISITATION BY PASTOR..**

To support people at the time of illness or injury, Pastor and other members do make personal visits in the hospital, homes, and Care Centers. Hospitals and Care Centers do not notify us that you are there. Please call if you want us to know. Do not hesitate to call the church office at 342-6002, if you have not seen Pastor and would like a visit. After hours, please leave a message on the church answering machine. We ask your permission before we include your name on our printed prayer list. **(Fellow members are also encouraged to let the church office know if someone is in the hospital!)**

## FELLOWSHIP



We are still having a fairly good attendance at our after-services fellowship hour. At this time, many of our members are leaving for their homes in the north.

We had a good attendance at our Ladies Inspirational Luncheon. After enjoying a Hawaiian theme luncheon, the ladies listened to Kari Tatar, Director of Development for the Arizona Children Association as she gave us so much good information about what they do for the many foster children in Yuma County. Our Social Concerns committee has agreed to sponsor a number of these children for the Christmas season Watch for our "Angel Tree" in November to participate in this program.

Lent was a busy time, with soup suppers being prepared and served prior to the Wednesday night Lenten services. The services also featured one of our members giving the message each week. I really enjoyed and appreciated the work put into the message from each of them. Our Easter breakfast was well attended. We served 80 people for our ham and scrambled egg breakfast, with home baked muffins and a fruit cup. I was so appreciative of all the help in setting up and decorating the hall for the meal. We had such a great group, and it only took a little over a half hour to finish. Thank you so much, each and every one of you. The clean up was equally well done in record time, so that the kitchen was cleaned up so everyone could attend the 9:30 service.

A fairly good number of our ladies have been working on the Days for Girls Project; we usually have anywhere from 12 to 15 or more ladies working on sorting materials, ironing, cutting and sewing the contents of the kits. We are planning on continuing these work parties throughout the summer. Watch the bulletin for work days.

I plan to be gone for several months during the summer, visiting my children and grandchildren. I hope that we have people who will step up to make the coffee and set out the goodies during that time. There will be a sign up sheet on the kitchen wall bulletin board to sign up. The potluck on the first Sunday of April was well attended, and we are planning on having one on the first Sunday of May. I always enjoy seeing the different dishes which people prepare, and it is always very tasty.

I will be praying for safe travel for all, and I do hope you all have a healthy happy summer. Looking forward to seeing you in the fall.

GriefShare will continue to meet here at the church in the Fellowship Hall Classroom every Monday at 10am through the summer. If you know someone who would benefit from joining this group, please let them know about it. It is a great group for those who are grieving.



## GLORIOUS QUILTERS

W h i s h .... It's hard to believe another month has gone by! Summer is sneaking up on us faster than I'd like to think. It's at this time of the year we're saying goodbye to our friends wishing them well and missing them before they even leave.

Again the "Glorious Quilter's" have been busy laying out the tops, sewing them together and tying them. There is such a great feeling of accomplishment when you look at the stack of finished quilts. I'm SO PROUD of all these ladies. We've got a GREAT team!

Like I said summer is upon us and many of us will still be hard at FUN making many things besides the quilts.

We are so fortunate to have received donations of fabric from Bonnie's Fabric on Wheels again this year as well as several individuals that are doing some purging of fabric we "just had to have".

Come check the fun out any Monday morning. We meet from 9am-12pm. Coffee break is at 10. We'd love to show you around.

Feel free to give me a text, Carol Schock 503-338-9358

## Alzheimer's: How to Lower YOUR RISK

Beating Alzheimer's is not one size fits all according to Richard Isaacson, director of Alzheimer's Prevention Clinic at Weill Cornell. About 40 percent of risk reduction strategies depend on factors unique to you, like genetics and physical condition. Isaacson says, "Some people do everything right and still get Alzheimer's." Still, the other 60 percent of ways to lower your risk apply to everyone.

- **Know your "numbers."** Get basic blood test results. Cholesterol, blood pressure, glucose, BMI, and waist circumference.
- **Take a cognitive test.** It's useful to know your current baseline thinking skills. One you can do at home is the 15 minute SAGE (Go to alzu.org)
- **Hang on to you muscle.** We lose 1 percent of muscle mass per year if we don't do anything about it. Do a mix of aerobics and resistance/weight training.
- **Maintain a healthy weight.**
- **Eat "green, lean, and clean.** Brains benefit from a plant heavy diet.
- **Eat fish.** It's really brain food. Eat fatty fish like salmon, mackerel, tuna, and sardines.
- **Pass on late night eating.** Try to have no food after dinner for 12 to 14 hours before breakfast.
- **Put devices to bed.** Stop texting, emailing, and watching TV at least 30 to 45 minutes before bedtime. Try to get 8 hours of sleep a night.
- **Balance stress with downtime.** Every 4.5 years of work stress leads to one additional year of brain aging, Isaacson says. Try Yoga, acupuncture, and take regular vacations.
- **Keep busy and connected.** Hobbies and friendships relax and challenge the brain to learn new things. Social contact protects it.
- **Visit the dentist and eye doctor.** Untreated tooth and gum problems can cause problematic inflammation. Vision and hearing loss can result in social isolation that has its own risks.
- **Take up a musical instrument.** Isaacson swears by the growing body of research on music's benefits to the brain. Even listening to music revs you up, but playing or singing is even better for the brain.
- **Don't smoke!** But you already knew that!
- **Consider genetic testing or join a clinical trial.** Early intervention research is "our best chance to cure the disease." "The first person cured of Alzheimer's disease will be in a clinical trial."

Resource: Article, "To Lower Your Risk of Alzheimer's" by Paula Spencer Scott

## SOCIAL CONCERNS

*Promote understanding of the human needs and social problems within our congregation, the community, and beyond*

This is a pretty short report from Social Concerns but there are things in the planning stage that are not yet ready to announce. So yes, we are still meeting and active.

Appreciation gifts of handmade pillows were presented to Aiden and Brennen for all their help with all the various tasks they do to help out. Thanks again.

S.C. assisted with the Lenten Soup Supper.

This month we collected over 200 pounds of food for the food bank. We plan to have an orientation delivery day to acquaint folks who have never delivered food to the process (not much of a process but still helps to feel familiar).

We encouraged everyone to support WELCA "Days for Girls" and continue with donations of soap, underwear, shampoo, and travel kits. Contact a WELCA member to see how you can help.

There are many things you may personally be doing not officially listed under the "social concerns" banner but you are doing it. Keep it up! Your ministry is important.

Thanks, and blessings,

Respectfully Submitted,

Evelyn Trone, Chairperson

1 Peter 4:10 (ESV)

As each has received a gift, use it to serve one another, as good stewards of God's varied grace.



## WELCA AT GLORIA DE CRISTO LUTHERAN CHURCH

Of all WELCA's recent ministries at Gloria De Cristo, our current "Days for Girls" kits has commanded our interest, work, and financial support with admirable dedication. The women have been meeting regularly, every two weeks, to iron, sew, surge, and cut templates and patterns. Our "kit" sponsor, Shari Jones from Lord of Life Lutheran in Sun City West, keeps us abreast of how and where the kits are distributed, most recently to the Ukraine.

Our goal is to continue supporting and contributing by meeting as often as possible throughout our summer season.

Thank you all for your thoughtfulness, your prayers, and your generosity.

Blessings to you all,  
Donna Brown



## WORSHIP & MUSIC

What a wonderful Holy Week celebration we had. Awesome messages from the pulpit, beautiful praises to God thru hymns, choir, handbells and special music.

Many of our folks have left the area and we are down to one service for the next few months.

Thank you to all those who volunteered to serve as worship assistants. It is appreciated more than you know.

Also Thank You to my committee for help in preparing communion and the church for Lent and Holy Week.

Soup suppers provided by the various committees went well and was enjoyed by about 40 people each week.

As you travel to your summer residence, we ask God to keep you safe and bring you back to Yuma in the Fall.

Char Schomisch, Committee Chair



## ***Youth and Education***

The Youth and Education Committee will not be having any events or activities over the summer.

Brennen and Aiden Harwood and Logan and Luke Johnson will be attending California Lutheran University's Summer Rebound Program. Their moms will chaperone. It's styled similarly to the National Gathering, held the same week in July, and includes a day at Disneyland. Reservations have been made and completely paid for. Thank all of you for your work and donations!

Sunday School will take a break until Fall 2022.

Diane Lee, Chairperson



## **Thank you's**

We received thank you's from the Yuma Community Food bank for our monthly donations, from our mission congregations for our support, and from Shepherd's Canyon for our continued support for their ministry. All of these would not be possible without your generous donations to each of these wonderful ministries every month. So Thank you to the members, and friends of Gloria de Cristo for your continued support for not only our ministries here, but those in our community and around the state.

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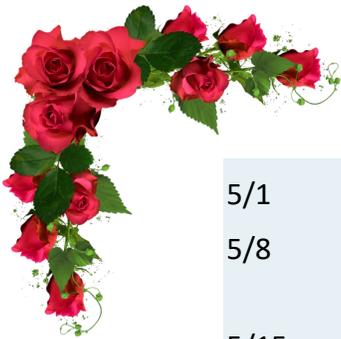
## *Wills and Estate planning*

### **HAVE YOU INCLUDED GLORIA DE CRISTO LUTHERAN CHURCH IN YOUR WILL?**

Over the years, those Gloria de Cristo Lutheran Church members who have conscientiously included Gloria de Cristo in their estate planning, have enabled some very important and powerful ministry to happen here.

Please consider including Gloria de Cristo Lutheran, which has served you over the years in your estate planning. You will enable this congregation to serve many, many more people in years and generations to come.

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## **ALTAR FLOWERS FOR MAY**

- 5/1 KayLee Grunst in honor of Tom's birthday
- 5/8 Gene & Jeanette Miller in memory of their mothers– Agnes Miller and Ruth Lowder
- 5/15 John & Sharon Merz in honor of their 58th wedding anniversary, and in honor of Gary and Kristina's 9th wedding anniversary.
- 5/22 Doreen Caldwell
- 5/29 Marilyn & Ron Davis in memory of daughter/sister Dawn.
- 5/29 Kate Harwood in celebration of Brennen and Doug's graduations

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## **MAY BAPTISM ANNIVERSARIES**



- |   |                   |    |                |
|---|-------------------|----|----------------|
| 1 | Ila Mattingly     | 12 | Don Spaude     |
| 5 | Alyce Waverly     | 30 | Shirley Conser |
| 9 | Phyllis Nickleson |    |                |

## MAY BIRTHDAYS



1	Tom Grunst	12	Bernie House	22	Richard Nelson
2	Chris Randby	14	John Southwick	22	Jolene Spaude
5	Curtis Roark	14	Wanda Wirths	22	Fay Weeks
6	Kate Harwood	15	Eileen Brekke	23	Curt Arneson
7	Duane Weeks	15	Dave Griffiths	24	Marlene Miller
8	Darlene Neigum	15	Jeanie Volpe	24	Teresa Perez
9	Phyllis Nickleson	16	Marilyn Reinhardt	27	Dyanne Radke
10	Mary Marsh	16	Maynard Teppo	29	Richard Weber
11	Yvonne Wurtele	17	Ron Davis	30	Mickie Arneson
12	Elton Brekke	21	Doreen Caldwell	31	Alma White
12	Shirley Conser	21	James Warren		

## MAY ANNIVERSARIES



1	Glenn & Ginger Van Winkle	16	John & Sharon Merz
7	Mike & Sandy Corless	16	Tina & Dave Jarmer
7	Marijan & Judy Petrovic	18	John & Shirley Schey
10	Ann & George Alcaraz	20	Jerry & Chris Randby



## WORSHIP ASSISTANTS FOR MAY

<b>Date</b>	<b>Time</b>	<b>Ushers</b>	<b>Greeters/ Communion Assistants</b>	<b>Reader</b>	<b>Altar</b>
5/1	9:30 am	John/Sharon Merz	Sharon Powell/ Doreen Caldwell	D. Caldwell	Doreen
5/8	9:30 am	Larry Unger/ Mary Marsh	Dave/Nancy Griffiths	L. Southwick	Cheryl
5/15	9:30 am	Randy/Mary Zieman	Dave/Marge Graham	Dave Graham	Joanne
5/22	9:30 am	S.Weidling/ Joanne Ausing	Michelle Cegon/ Char	S. Weidling	Char
5/29	9:30 am	L. Southwick/ Cheryl Preul	Joyce Hoeft/ Char	Donna Brown	Laura



## WORSHIP SERVICE ATTENDANCE & LIVE STREAM VIEWS FOR MARCH



**Ash Wednesday– March 2nd** -in person–96 Online Views– 102

**Week of March 6th** - in person–290 Online Views– 119

**Lent Week 1- March 9th** -in person– 58 Online Views– 99

**Week of March 13th** - in person– 264 Online Views– 162

**Lent Week 2- March 16th** -in person– 47 Online Views–69

**Week of March 20th** - in person– 275 Online Views– 112

**Lent Week 3- March 23rd** - in person–43 Online Views–82

**Week of March 27th** - in person– 244 Online Views– 108

**Lent Week 4- March 30th** in person–42 Online Views–107

**MAY 2022**

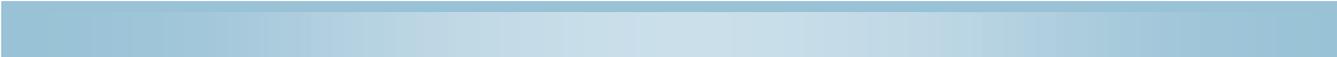
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
1 <b>Food Collection Sunday</b> <i>Worship 9:30</i> <b>10:45 am POTLUCK</b> 1:00 pm Foothills Social	2 9:00 am Summer Sewers 10:00 am GriefShare 12:00 pm Worship & Music Meeting 12:30 pm Bible Study 1:00 pm Social Concerns Meeting	3 7:00 am TOPS 1:00 pm Foothills Social 4:00 pm Mental Health Ministry	4 4:30 pm Bells of Glory 6:00 pm Choir	5 8:00 am Staff Meeting 10:00 am Zoom Bible Study 4:30 pm TOPS	6 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	7 8:00 am- Men's Breakfast at Daybreakers 9am Day's for Girls Workday
8 <i>Worship 9:30</i> 1:00 pm Foothills Social	9 9:00 am Summer Sewers 10:00 am GriefShare 12:30 pm Bible Study 1:30 pm Fellowship Committee Meeting 2:30 pm Bible Study	10 7:00 am TOPS 1:00 pm Foothills Social	11 4:30 pm Bells of Glory 6:00 pm Choir	12 8:00 am Staff Meeting 10:00 am Zoom Bible Study 2pm-4pm Stephen Ministry training 4:30 pm TOPS	13 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	14
15 <i>Worship 9:30</i> 1:00 pm Foothills Social	16 9:00 am Summer Sewers 10:00 am GriefShare 12:30 pm Bible Study 2:30 pm Bible Study	17 7:00 am TOPS 1:00 pm Foothills Social 4:00 pm Executive Council 4:30 pm Council Meeting	18 4:30 pm Bells of Glory 6:00 pm Choir	19 8:00 am Staff Meeting 10:00 am Zoom Bible Study 4:30 pm TOPS	20 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	21
22 <i>Worship 9:30</i> 1:00 pm Foothills Social	23 9:00 am Summer Sewers 10:00 am GriefShare 12:30 pm Bible Study 2:30 pm Bible Study	24 7:00 am TOPS 1:00 pm Foothills Social	25 4:30 pm Bells of Glory 6:00 pm Choir	26 8:00 am Staff Meeting 10:00 am Zoom Bible Study 4:30 pm TOPS	27 8:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA	28
29 <i>Worship 9:30</i> 1:00 pm Foothills Social	30 10:00 am GriefShare 12:30 pm Bible Study 2:30 pm Bible Study	31 7:00 am TOPS 1:00 pm Foothills Social				



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PERMIT NO. 190

MAY 2022



PASTOR: Bill Timm  
ORGANIST: Shirley Ehler  
PIANISTS: Marie Ritten & Jean Abel  
BELLS OF GLORY: Kay Lee Grunst

ChristCare Equippers: Pastor Timm  
ChristCare Group Leaders: Doreen Caldwell, Cheryl Preul

Stephen Ministry Leaders:: Michelle Cegon, Pastor Timm,  
Jim & Sherrie Wehrer

Church Secretary: Kate Harwood  
A/V Technician: Brennen Harwood

#### CHURCH COUNCIL MEMBERS

PRESIDENT: Sharon Merz  
VICE PRESIDENT: John Arnold  
SECRETARY: Kathy Edwards  
TREASURER: Terre Munk

#### MINISTRY TEAM LEADERS:

EDUCATION: Diane Lee  
FELLOWSHIP: Cheryl Preul  
OUTREACH: Joe Johnson  
PROPERTY: Dave Donaldson  
SOCIAL CONCERNS: Evelyn Trone  
STEWARDSHIP: Gary Raasch  
WORSHIP & MUSIC: Char Schomisch